# bellagreen American Bistro

# STARTERS

CHICKPEA HUMMUS DF   VEG served with kalamata olives, sun-dried tomatoes & house-made flatbread [gluten-free +2.99]	9.99
HONEY GARLIC CAULIFLOWER WINGS GF   VEG crispy cauliflower florets seasoned in gluten-free tempura batter, tossed in house-made honey garlic spicy sticky sauce; garnished with green onions & sesame seeds; served with mango ranch dressing	11.99
WAGYU MEATBALLS Heartbrand Akaushi Wagyu meatballs smothered in garlic marinara saud mozzarella & goat cheese topped with basil; served with crostini	12.49 ce,
<b>TURKEY LETTUCE WRAPS</b> GF   DF baby iceberg lettuce wraps filled with all-natural ground turkey, black be corn, yellow & red bell peppers, shredded carrots; sautéed in spicy soy gl served with savory ginger sauce	
VEGGIE LETTUCE WRAPS GF   VEG baby iceberg lettuce wraps filled with yellow & red bell peppers, organic quinoa, onion, celery, mushrooms, zucchini, corn, garlic, cilantro sesame oil, topped with queso fresco, crispy quinoa strips; served with savory ginger sauce	9.99 &
HI-PROTEIN HEMPENADAS <sup>TM</sup> GF empanadas made with gluten-free high-protein hemp flour, blended cheddar & mozzarella cheese, cilantro, raisins & all-natural angus beef*; served with roasted garlic cilantro sauce & spicy peach chipotle sauce	9.99
SOUPS cup 4.99   bow	1 6.99

FIRE-ROASTED TOMATO BASIL VEG served with crispy puff pastry dome & sliced mozzarella cheese

**TORTILLA SOUP** GF | DF | VEG black beans, organic quinoa, corn, tomatoes, onions, jalapeños, garlic, chipotle pepper sauce, cilantro & spices; topped with house-made tortilla strips & avocado

SALADS can be made gluten-free upon request	
add: goat cheese +2.49   chicken or tofu +4.99 (grilled or blackened) shrimp or atlantic salmon* +6.99 (grilled or blackened)	
<b>GOAT CHEESE SALAD</b> GF   VEG mixed greens, arugula, sun-dried tomatoes, sliced apples, parmesan che tossed with sun-dried tomato vinaigrette; topped with a warm almond- goat cheese medallion	
ATLANTIC SALMON SALAD mixed greens, romaine, shaved carrots, croutons, hard boiled eggs & queso fresco, tossed with mango ranch dressing; topped with chipotle-honey seared salmon*	17.49
HONEY-FRIED GOAT CHEESE & ARUGULA SALAD GF   VEG baby arugula, fresh jicama, almonds, raisins, shaved carrots & mango; tossed with mango ranch dressing; topped with parmesan cheese & a honey-fried goat cheese medallion	14.49
BLACKENED SHRIMP SALAD GF   DF mixed greens, pineapple, strawberries, mango, roasted pumpkin seeds, cranberries & raisins, tossed with garlic hemp poppy seed dressing; topped with blackened shrimp	17.49
OH KALE YEAH GF   DF   VEG kale tossed in avocado lemon dressing, tomatoes, red onions, mango, carrots & strawberries; topped with roasted pumpkin seeds	13.49
KALE CAESAR SALAD VEG crisp romaine lettuce & kale mixed with crispy capers, caramelized red onions, sun-dried tomatoes; parmesan cheese & croutons; tossed with creamy chipotle caesar dressing	12.49

#### GF | GLUTEN-FREE DF | DAIRY-FREE VEG | VEGETARIAN

GLUTEN-FREE, FOOD ALLERGIES: While we take precautions to avoid cross contamination, guests with gluten sensitivities or celiac disease should exercise judgment in consuming our gluten-free food items.

\*NOTICE: All grill items are cooked to order. Consuming raw or undercooked meats may increase your risk of foodborne illness, especially if you have certain medical conditions. 4.4.24

# -SIGNATURE DISHES

BRICK CHICKEN GF half boneless chicken marinated overnight with herbs, garlic & olive sautéed in a hot skillet for extra crispiness, garnished with lemons & rosemary; served with chipotle mashed sweet potatoes	<b>19.99</b> oil,
& roasted vegetables <b>SIMPLE SALMON</b> GF   DF grilled salmon served with a medley of red onion, butternut squash, fingerling potatoes & carrots	19.99
WAGYU MEATBALL PASTA Heartbrand Akaushi Wagyu meatballs served with pappardelle pasta tossed in a house-made mushroom cream sauce; topped with freshly shaved parmesan & basil	19.99

# PIZZAS

gluten-free dough is available +2.99		
	nara sauce, tomatoes, mozzarella oregano, thyme, garlic olive oil &	13.4
	ed onion, mozzarella, on house-made a, garlic olive oil and balsamic glaze	14.4
THE FIG & PIG fig jam, mozzarella, parmesan, go with balsamic vinegar, garlic olive		15.49
THE PLAIN JANE VEG tomato sauce & mozzarella chees	e	10.4
THE HOME SLICE large pepperoni atop marinara sa cheese; topped with garlic olive o		14.4
THE SPICY VIXEN Heartbrand Akaushi Wagyu meat house-made garlic marinara & toj	balls, mushrooms, mozzarella, ricotta pped with honey-habanero sauce	15.49 on
BURGERS	can be made dairy-free upon red	quest

add smoked applewood bacon + 1.99   gluten-free bun +2.99	
THE (A) BURGER all-natural angus beef* with lettuce, tomato, house-made pickles, red onion & choice of Swiss, cheddar or fresh mozzarella chees	12.99
THE (W) BURGER Heartbrand Akaushi Wagyu with sweet & spicy candied bacon, caramelized onions & raspberries, house-made pickles, lettuce, tomato & roasted garlic aioli on a brioche bun	16.99 bes
THE (T) BURGER all-natural ground turkey, honey dijon mustard, lettuce, tomato, house-made pickles, red onion & choice of Swiss, cheddar or fresh	12.99

house-made pickles, red onion & choice of Swiss, cheddar or fres mozzarella cheese	
THE (V) BURGER VEG	

11.99

house-made veggie patty with sautéed vegetables, potatoes, hemp seed, almonds, corn, gluten-free bread crumbs & chickpea hummus; topped with lettuce, tomato, house-made pickles, red onion & choice of Swiss, cheddar or fresh mozzarella cheese

# PASTAS

,	WHITE CHICKEN PARM GF pan-seared chicken, lightly crusted with lemon pepper parmesan; served with gluten-free spaghetti pasta, tossed with olive oil, homemade becha white wine sauce with garlic, shallots, fresh roma tomatoes, romano & parmesan cheese; garnished with broccoli, parsley & grilled lemon	
	GRILLED SALMON PASTA GF gluten-free spaghetti pasta, grilled salmon* tossed with fresh roma tomatoes, red & yellow bell peppers, shallots, diced jalapeños, kalamata olives, capers & garlic in pesto cream sauce; topped with queso fresco	17.49
	SPICY SHRIMP PASTA GF	16.49

gluten-free spaghetti pasta with spicy shrimp, basil, garlic, fresh roma tomatoes, shallots, red & yellow bell peppers, jalapeños, ricotta & parmesan cheese; topped with tomato cream sauce

### PALEO SPAGHETTI SQUASH BOLOGNESE 17.49

GF | DF can be made VEG upon request gluten-free spaghetti squash noodles served in an oregano, thyme & chipotle pepper-infused marinara sauce with roasted vegetables, all-natural ground beef\*; topped with fresh basil & parmesan (optional)

TACOS substitute paleo tortill	a +2.99
(3) SPICY FISH TACOS GF your choice of grilled or fried fish, green & red cabbage, pico de gallo, cilantro, queso fresco & spicy peach chipotle sauce on warm corn tortill	13.99 as
(3) HAND-PULLED CHICKEN TACOS GF roasted all-natural zaatar-crusted chicken topped with sautéed red onions, yellow & red bell peppers, avocado, queso fresco, cilantro & spicy peach chipotle sauce on warm corn tortillas	12.99
(3) SUPER VEGGIE TACOS GF   VEG black bean spread, sautéed cremini mushrooms, roasted garlic cilantro sauce, shredded carrots, pico de gallo, avocado slices & queso fresco on warm corn tortillas	11.99
SANDWICHES & WRAPS	

12.99
11.99
12.99
11.99
1

# SIDES

4.99 each

7.49 each

#### FRESH FRUIT GF | DF | VEG

FRENCH FRIES GF | DF | VEG

SWEET POTATO FRIES GF | DF | VEG

ORGANIC QUINOA SALAD GF | DF | VEG organic quinoa, tomatoes, green onion, chopped pecans, dried cranberries, lemon & olive oil

HOUSE CAESAR SALAD VEG tossed in creamy chipotle caesar dressina

ROASTED VEGETABLES GF | DF | VEG seasoned with salt & pepper

CHIPOTLE MASHED SWEET POTATOES GF | VEG

# DESSERTS

served with a dark chocolate trellis

HOUSE-MADE WHITE CHOCOLATE BREAD PUDDING VEG

#### DOMINO CAKE VEG

CARROT CAKE GF | VEG contains pecans

SEASONAL GALETTE DF | VEG

#### KID'S MENU for our guests 12 years old & younger all items are served with choice of sweet potato fries, french fries, quinoa salad or fresh fruit. includes fountain drink, milk or juice **KID'S (A) BURGER** 7.49 all-natural angus beef\* & choice of Swiss or cheddar cheese, served on a brioche bun {add tomato-lettuce-pickle +1.99} KID'S CHICKEN TENDERS GF 7.49 all-natural chicken seasoned in gluten-free crispy tempura batter KID'S GRILLED CHEESE VEG 7.49 cheddar & mozzarella cheese on sprouted wheat bread KID'S PASTA GF | VEG 7.49 gluten-free penne pasta in choice of olive oil, fresh marinara sauce or alfredo sauce {add all-natural ground turkey\* +3.99}

# WINE & BEER

WHITE	6oz/9oz/bottle
MENAGE A TROIS MOSCATO	9/12/30
CROWDED HOUSE SAUVIGNON BLANC	9/12/30
MATANZAS CREEK SAUVIGNON BLANC	12/17/40
BENVOLIO PINOT GRIGIO	7/9/24
MURPHY GOODE CHARDONNAY	7/9/24
CAMBRIA CHARDONNAY	10/14/34
FABRE EN PROVENC ROSÉ	10/14/34
RED	
LA CREMA PINOT NOIR	12/17/40
MURPHY GOODE PINOT NOIR	9/12/30
MURPHY GOODE RED BLEND	9/12/30
MURPHY GOODE CABERNET	9/12/30
SILVER PALM CABERNET	12/17/40
TINTONEGRO MALBEC	7/9/24
SPARKLING	
AVISSI PROSECCO	12
DEED	
BEER	
LOCAL ROTATION	5/6
DOMESTIC/IMPORT	5/6

#### ADDITIONAL ROTATING WINE AND BEER SELECTIONS ARE AVAILABLE AT THE REGISTER

#### SIP CERTIFIED WINES

the SIP certified seal assures that growers & winemakers are preserving & protecting the natural environment, treating their employees & community with care & promoting sound business practices with a long-term view that protects both the present & the future.

## BEVERAGES

FOUNTAIN DRINKS	3.19
HOT & COLD TEAS	3.19
HOT OR ICED HOUSE BREW COFFEE	2.99
BOTTLED SODA & WATER	2.99 & up

At bellagreen, we believe every meal is a chance to make life and Earth more beautiful. That's why we use alternative energy, water conservation methods, recycling practices and sustainable sourcing when possible. Together, when we protect Mother Earth, we create a better world for future generations.

LIFE MORE BEAUTIFUL

EARTH MORE BEAUTIFUL