bellagreen American Bistro

STARTERS

HI-PROTEIN HEMPENADAS TM GF three empanadas made with gluten-free high-protein hemp flour,	
blended cheddar & mozzarella cheese, cilantro, raisins & 44 Farms® all-natural angus beef*; served with roasted garlic cilantro sauce & spicy peach chipotle sauce	
STICKY CHICKEN WINGS GF eight crispy chicken wings tossed in house-made honey garlic spicy sticky sauce; garnished with sesame seeds & green onions & served with our mango ranch dressing	11.49
VEGGIE LETTUCE WRAPS GF VEG three baby iceberg lettuce wraps filled with yellow & red bell peppers, organic quinoa, onion, celery, mushrooms, zucchini, corn, garlic, cilantro & sesame oil; topped with queso fresco, crispy quinoa strips & served with savory ginger sauce	9.49
TURKEY LETTUCE WRAPS GF DF three baby iceberg lettuce wraps filled with all-natural ground turkey, black beans, corn, yellow & red bell peppers, shredded carrots; sautéed in spicy soy glaze & served with savory ginger sau	9.49
ORGANIC CHICKPEA HUMMUS DF VEG served with kalamata olives, sun-dried tomatoes & house-made flatbread {gluten-free +2.49}	9.49
ORGANIC SPINACH DIP VEG blended organic spinach, artichoke hearts, cream cheese, parmesan, goat cheese, white wine & ricotta cheese; served with kalamata olives, sun-dried tomatoes & house-made flatbread {gluten-free +2.49}	10.49
SOUPS cup 3.99 bow	1 5.99
FIRE-ROASTED TOMATO BASIL VEG served with crispy puff pastry dome & sliced mozzarella cheese	
TORTILLA SOUP GF DF VEG black beans, organic quinoa, corn, tomatoes, onions, jalapeños, gar chipotle pepper sauce, cilantro & spices; topped with house-made t strips & avocado	
SALADS can be made gluten-free upon r	· · ·
add: goat cheese +1.99 chicken or tofu +3.99 (grilled or blacken chicken salad +3.99 shrimp or atlantic salmon* +6.99 (grilled or blackened)	ied)
GOAT CHEESE SALAD GF VEG mixed greens, arugula, sun-dried tomatoes, sliced apples, parmesan cheese; tossed with our sun-dried tomato vinaigrette	11.00
& topped with a warm almond-crusted goat cheese medallion	11.99
	15.99
& topped with a warm almond-crusted goat cheese medallion ATLANTIC SALMON SALAD mixed greens, romaine, shaved carrots, croutons, hard boiled eggs 8 queso fresco; tossed with our mango ranch dressing & topped with chipotle-honey seared salmon* HONEY-FRIED GOAT CHEESE & ARUGULA SALAD GF VEG	15.99
& topped with a warm almond-crusted goat cheese medallion ATLANTIC SALMON SALAD mixed greens, romaine, shaved carrots, croutons, hard boiled eggs 8 queso fresco; tossed with our mango ranch dressing & topped with chipotle-honey seared salmon* HONEY-FRIED GOAT CHEESE & ARUGULA	15.99 &
& topped with a warm almond-crusted goat cheese medallion ATLANTIC SALMON SALAD mixed greens, romaine, shaved carrots, croutons, hard boiled eggs a queso fresco; tossed with our mango ranch dressing & topped with chipotle-honey seared salmon* HONEY-FRIED GOAT CHEESE & ARUGULA SALAD GF VEG baby arugula, fresh jicama, almonds, raisins, shaved carrots & mango; tossed with our mango ranch dressing & topped with	15.99 &
& topped with a warm almond-crusted goat cheese medallion ATLANTIC SALMON SALAD mixed greens, romaine, shaved carrots, croutons, hard boiled eggs & queso fresco; tossed with our mango ranch dressing & topped with chipotle-honey seared salmon* HONEY-FRIED GOAT CHEESE & ARUGULA SALAD GF VEG baby arugula, fresh jicama, almonds, raisins, shaved carrots & mango; tossed with our mango ranch dressing & topped with parmesan cheese & a honey-fried goat cheese medallion BLACKENED SHRIMP SALAD GF DF mixed greens, pineapple, strawberries, mango, pistachios, cranberries & raisins; tossed with our garlic hemp poppy seed	15.99 % 12.99
& topped with a warm almond-crusted goat cheese medallion ATLANTIC SALMON SALAD mixed greens, romaine, shaved carrots, croutons, hard boiled eggs a queso fresco; tossed with our mango ranch dressing & topped with chipotle-honey seared salmon* HONEY-FRIED GOAT CHEESE & ARUGULA SALAD GF VEG baby arugula, fresh jicama, almonds, raisins, shaved carrots & mango; tossed with our mango ranch dressing & topped with parmesan cheese & a honey-fried goat cheese medallion BLACKENED SHRIMP SALAD GF DF mixed greens, pineapple, strawberries, mango, pistachios, cranberries & raisins; tossed with our garlic hemp poppy seed dressing & topped with blackened shrimp CHICKEN CURRY SALAD GF mixed greens, shaved carrots, mango, sliced oranges, jicama, raisins & toasted almonds; tossed with our orange honey yogurt	15.99 12.99 15.99 13.49 12.49
& topped with a warm almond-crusted goat cheese medallion ATLANTIC SALMON SALAD mixed greens, romaine, shaved carrots, croutons, hard boiled eggs a queso fresco; tossed with our mango ranch dressing & topped with chipotle-honey seared salmon* HONEY-FRIED GOAT CHEESE & ARUGULA SALAD GF VEG baby arugula, fresh jicama, almonds, raisins, shaved carrots & mango; tossed with our mango ranch dressing & topped with parmesan cheese & a honey-fried goat cheese medallion BLACKENED SHRIMP SALAD GF DF mixed greens, pineapple, strawberries, mango, pistachios, cranberries & raisins; tossed with our garlic hemp poppy seed dressing & topped with blackened shrimp CHICKEN CURRY SALAD GF mixed greens, shaved carrots, mango, sliced oranges, jicama, raisins & toasted almonds; tossed with our orange honey yogurt dressing & topped with grilled all-natural chicken with curry spice OH KALE YEAH GF [DF VEG kale tossed in our avocado lemon dressing, tomatoes, red onions,	15.99 12.99 15.99 13.49 12.49
 & topped with a warm almond-crusted goat cheese medallion ATLANTIC SALMON SALAD mixed greens, romaine, shaved carrots, croutons, hard boiled eggs a queso fresco; tossed with our mango ranch dressing & topped with chipotle-honey seared salmon* HONEY-FRIED GOAT CHEESE & ARUGULA SALAD GF VEG baby arugula, fresh jicama, almonds, raisins, shaved carrots & mango; tossed with our mango ranch dressing & topped with parmesan cheese & a honey-fried goat cheese medallion BLACKENED SHRIMP SALAD GF DF mixed greens, pineapple, strawberries, mango, pistachios, cranberries & raisins; tossed with our garlic hemp poppy seed dressing & topped with blackened shrimp CHICKEN CURRY SALAD GF mixed greens, shaved carrots, mango, sliced oranges, jicama, raisins & toasted almonds; tossed with our orange honey yogurt dressing & topped with grilled all-natural chicken with curry spice OH KALE YEAH GF DF VEG Kale tossed in our avocado lemon dressing, tomatoes, red onions, mango, carrots & strawberries; topped with roasted pumpkin seeds KALE CAESAR SALAD VEG Crisp romaine lettuce & kale mixed with crispy capers, caramelized red onions, sun-dried tomatoes, manchego & parmesan cheese & 	15.99 12.99 15.99 13.49 12.49 10.49 10.99

SIGNATURE DISH	
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BURGERS can be made dairy-free upon r	equest
all burgers served on a brioche bun with choice of sweet potato fr french fries or our organic quinoa salad.	ries,
substitute sides +1.99 or side salad +2.49 add smoked applewood bacon + 1.99 gluten-free bun +1.99 THE (W) BURGER all-natural Wagyu beef with sweet & spicy candied bacon, caramelized onions & raspberries, house-made pickles, lettuce, tomatoes & roasted garlic aioli on a brioche bun	16.99
THE (A) BURGER all-natural 44 Farms® angus beef* with mixed greens, tomato, house-made pickles, red onion & choice of swiss, cheddar or fresh mozzarella cheese	11.99
THE (B) BURGER all-natural buffalo* with mixed greens, tomato, house-made pickles, red onion & choice of swiss, cheddar or fresh mozzarella cheese	14.49
THE (T) BURGER all-natural ground turkey, honey dijon mustard, mixed greens, tomato, house-made pickles, red onion & choice of swiss, cheddar or fresh mozzarella cheese	12.49
THE (V) BURGER VEG house-made veggie patty with sautéed vegetables, potatoes, hemp seed, almonds, corn, gluten-free bread crumbs & organic chickpea hummus; topped with mixed greens, tomato, house-made pickles, re onion & choice of swiss, cheddar or fresh mozzarella cheese	11.99 d
TACOS substitute paleo tortillo	a +2.99
(3) SPICY FISH TACOS GF your choice of grilled or fried fish, green & red cabbage, pico de galle cilantro, roasted pepper herb aioli, queso fresco & spicy peach chipotle sauce on warm corn tortillas	, 12.99
(3) SHRIMP TACOS GF sautéed baby shrimp, shredded romaine lettuce, capers, pico de gallo, cilantro, roasted pepper herb aioli, queso fresco & spicy peach chipotle sauce on warm corn tortillas	13.99
(3) HAND-PULLED CHICKEN TACOS GF roasted all-natural zaatar-crusted chicken topped with sautéed red onions, yellow & red bell peppers, avocado, queso fresco, cilantro & spicy peach chipotle sauce on warm corn tortillas	11.49
(3) SUPER VEGGIE TACOS GF VEG black bean spread, sautéed cremini mushrooms, roasted garlic cilantro sauce, corn salsa, shredded carrots, avocado slices & queso fresco on warm corn tortillas	11.49
PASTAS	
all pastas are gluten-free & garnished with microgreens. PALEO SPAGHETTI SQUASH BOLOGNESE GF DF can be made VEG upon request gluten-free spaghetti squash "noodles" served in an oregano, thyme & chipotle pepper-infused marinara sauce of roasted vegetables wit well-browned all-natural 44 Farms® ground beef*; finished with fresh basil & parmesan (optional)	16.99 h
SPICY SHRIMP PASTA GF gluten-free spaghetti pasta with spicy shrimp, basil chiffonade, garlic, fresh roma tomatoes, shallots, red & yellow bell peppers, jalapeños, ricotta & parmesan cheese with organic tomato cream sauce	14.99
GLUTEN-FREE MAC GF VEG gluten-free penne pasta with cream sauce, mozzarella, parmesan & cheddar cheese; topped with fresh basil	9.99
GRILLED SALMON PASTA GF gluten-free spaghetti pasta, grilled salmon* tossed with fresh roma tomatoes, red & yellow bell peppers, shallots, diced jalapeños, kalamata olives, capers & garlic in pesto cream sauce; topped with queso fresco	16.49
WHITE CHICKEN PARM GF pan-seared chicken, lightly crusted with lemon pepper parmesan; served with gluten-free spaghetti pasta tossed with olive oil, homemade bechamel & white wine squce with garlic, shallots	13.99

served with gluten-free spaghetti pasta tossed with olive oil, homemade bechamel & white wine sauce with garlic, shallots, fresh roma tomatoes, romano & parmesan cheese; garnished with broccoli, parsley & grilled lemon

PIZZAS

our house-made pizza dough is crafted from organic & imported Italian flour. gluten-free dough is available +2.49	
THE QUEEN VEG traditional margherita with marinara sauce, tomatoes, mozzarella & parmesan cheese; finished with oregano, thyme, garlic olive oil & fresh basil	12.99
THE HOME SLICE large pepperoni atop marinara sauce, mozzarella & parmesan cheese; finished with garlic olive oil & fresh basil	13.49
THE GREEN VEG house-made garlic cream, organic spinach dip & red pepper pesto; topped with fresh roma tomatoes, mozzarella, parmesan cheese & crushed red pepper; finished with garlic olive oil & fresh basil	13.49
THE FIG & PIG fig jam, mozzarella, parmesan, goat cheese & prosciutto; finished with balsamic vinegar, garlic olive oil & fresh basil	14.49

SANDWICHES & WRAPS

all served with sweet potato fries, french fries or our o quinoa salad. substitute sides +1.99 or side salad +2.49	organic
GRILLED CHICKEN SANDWICH all-natural chicken breast, smoked applewood bacon, mi tomato, house-made pickles, red onion, avocado, swiss c mango ranch dressing; served on toasted ciabatta	
CHICKEN SALAD SANDWICH roasted all-natural chicken, celery, pecans, cranberries, g onions, mayonnaise & parsley; topped with mixed greens served on organic sprouted wheat bread	
CHICKEN CAESAR WRAP	11.99

sliced all-natural grilled chicken, romaine lettuce, caramelized red onions, sun-dried tomatoes, parmesan & manchego cheese, tossed with creamy chipotle caesar dressing & wrapped in a chipotle tortilla

VEGGIE WRAP DF | VEG 10.99 house-made organic chickpea hummus, sautéed cremini mushrooms, red & yellow bell peppers, fresh spinach, zucchini & sliced carrots wrapped in a spinach tortilla

SIDES

3.99 each

6.99 each

FRESH FRUIT GF | DF | VEG with hemp poppy seed dressing

FRENCH FRIES GF | DF | VEG

SWEET POTATO FRIES GF | DF | VEG voted best in town!

ORGANIC QUINOA SALAD GF | DF | VEG organic quinoa, tomatoes, green onion, chopped pecans, dried cranberries, lemon, olive oil, fresh mint

HOUSE SALAD GF | VEG with our homemade honey mustard

HOUSE CAESAR SALAD VEG tossed in our creamy chipotle caesar dressing

ROASTED VEGETABLES GF | DF | VEG seasoned with salt & pepper

CHIPOTLE MASHED SWEET POTATOES GF | VEG

DESSERTS_

served with dark chocolate trellis & can serve two people

HOUSE-MADE WHITE CHOCOLATE BREAD PUDDING VEG

HI-PROTEIN HEMP BROWNIE VEG contains pistachios

DOMINO CAKE VEG

CARROT CAKE GF | VEG contains pecans

GF | GLUTEN-FREE DF | DAIRY-FREE VEG | VEGETARIAN

GLUTEN-EREF FOOD ALLERGIES: While we take precautions to avoid cross contamination guests with gluten sensitivities or celiac disease should exercise judgment in consuming our gluten-free food items.

*NOTICE: All grill items are cooked to order. Consuming raw or undercooked meats may increase your risk of foodborne illness, especially if you have certain medical conditions

— KID'S MENU — —	
for our guests 12 years old & younger	
all items except our kid's cheese pizza are served with choice of sweet potato fries, french fries, quinoa salad or fresh fruit. includes fountain drink, milk or juice	
KID'S (A) BURGER all-natural 44 Farms® angus beef* & choice of swiss or cheddar cheese, served on a brioche bun [add tomato-lettuce-pickle setup +1.99]	6.49
KID'S CHICKEN TENDERS GF all-natural chicken seasoned in gluten-free crispy tempura batter	6.49
KID'S GRILLED CHEESE VEG cheddar & mozzarella cheese on organic sprouted wheat bread	6.49
KID'S GLUTEN-FREE MAC GF VEG gluten-free penne pasta with mozzarella, parmesan & sharp cheddar cheese	6.49
KID'S CHEESE PIZZA VEG tomato sauce, organic flour dough with mozzarella cheese	9.49

KIDIC MENU

{add pepperoni +1.99} KID'S PASTA GF | VEG 6.49 gluten-free penne pasta in choice of olive oil, fresh marinara sauce or alfredo sauce

WINE & BEER

WHITE	60z/90z/bottle
MENAGE A TROIS MOSCATO	8/11/26
CROWDED HOUSE SAUVIGNON BLANC	8/11/26
MATANZAS CREEK SAUVIGNON BLANC •	11/16/36
BENVOLIO PINOT GRIGIO	6/8/20
MURPHY GOODE CHARDONNAY	6/8/20
CAMBRIA CHARDONNAY	9/13/30
FABRE EN PROVENC ROSÉ	9/13/30
RED	
LA CREMA PINOT NOIR	11/16/36
MURPHY GOODE PINOT NOIR	8/11/26
MURPHY GOODE RED BLEND •	8/11/26
MURPHY GOODE CABERNET •	8/11/26
SILVER PALM CABERNET •	11/16/36
TINTONEGRO MALBEC	6/8/20
SPARKLING	
AVISSI PROSECCO	8
REED	
BEER	
LOCAL ROTATION	4/5
DOMESTIC/IMPORT	4/5

ADDITIONAL ROTATING WINE AND BEER SELECTIONS ARE AVAILABLE AT THE REGISTER

SIP CERTIFIED WINES

the SIP certified seal assures that growers & winemakers are preserving & protecting the natural environment, treating their employees & community with care & promoting sound business practices with a long-term view that protects both the present & the future.

BEVERAGES

FOUNTAIN DRINKS	2.99
HOT & COLD TEAS - ORGANIC & FAIR TRADE	2.99
HOT OR ICED HOUSE BREW COFFEE	2.79
BOTTLED SODA & WATER 1.99	& up

LIFE MORE BEAUTIFUL

EARTH MORE BEAUTIFUL