# bellagreen American Bistro

## STARTERS

| SIARIERS   |             |
|--|-------------|
| HI-PROTEIN HEMPENADAS <sup>TM</sup> GF<br>three empanadas made with gluten-free high-protein hemp flour,<br>blended cheddar & mozzarella cheese, cilantro, raisins & 44 Farms <sup>®</sup><br>all-natural angus beef*; served with roasted garlic cilantro sauce &<br>spicy peach chipotle sauce |             |
| STICKY CHICKEN WINGS GF<br>eight crispy chicken wings tossed in house-made honey garlic spicy<br>sticky sauce; garnished with sesame seeds & green onions &<br>served with our mango ranch dressing  | , 10.99     |
| VEGGIE LETTUCE WRAPS GF   VEG<br>three baby iceberg lettuce wraps filled with yellow & red bell<br>peppers, organic quinoa, onion, celery, mushrooms, zucchini, corn,<br>garlic, cilantro & sesame oil; topped with queso fresco, crispy<br>quinoa strips & served with savory ginger sauce      | 9.49        |
| TURKEY LETTUCE WRAPS GF   DF<br>three baby iceberg lettuce wraps filled with all-natural ground<br>turkey, black beans, corn, yellow & red bell peppers, shredded<br>carrots; sautéed in spicy soy glaze & served with savory ginger sau   | <b>9.49</b> |
| ORGANIC CHICKPEA HUMMUS DF   VEG<br>served with kalamata olives, sun-dried tomatoes & house-made<br>flatbread <b>[gluten-free +2.49]</b>   | 9.49        |
| ORGANIC SPINACH DIP VEG<br>blended organic spinach, artichoke hearts, cream cheese,<br>parmesan, goat cheese, white wine & ricotta cheese; served with<br>kalamata olives, sun-dried tomatoes & house-made flatbread<br>{gluten-free +2.49}  | 10.49       |
| SOUPS cup 3.99   bow   | 1 5.99      |
| served with crispy puff pastry dome & sliced mozzarella cheese<br><b>TORTILLA SOUP</b> GF   DF   VEG<br>black beans, organic quinoa, corn, tomatoes, onions, jalapeños, gan<br>chipotle pepper sauce, cilantro & spices; topped with house-made to<br>strips & avocado                           | ortilla     |
| SALADS can be made gluten-free upon r  |             |
| add: goat cheese +1.99   chicken or tofu +3.99 (grilled or blacken<br>chicken salad +3.99   shrimp or atlantic salmon* +6.99 (grilled or<br>blackened)   | ied)        |
| GOAT CHEESE SALAD GF   VEG<br>mixed greens, arugula, sun-dried tomatoes, sliced apples,<br>parmesan cheese; tossed with our sun-dried tomato vinaigrette<br>& topped with a warm almond-crusted goat cheese medallion  | 11.49       |
| ATLANTIC SALMON SALAD<br>mixed greens, romaine, shaved carrots, croutons, hard boiled eggs &<br>queso fresco; tossed with our mango ranch dressing & topped with<br>chipotle-honey seared salmon*  | 15.49       |
| HONEY-FRIED GOAT CHEESE & ARUGULA<br>SALAD GF   VEG<br>baby arugula, fresh jicama, almonds, raisins, shaved carrots &<br>mango; tossed with our mango ranch dressing & topped with<br>parmesan cheese & a honey-fried goat cheese medallion  | 12.49       |
| BLACKENED SHRIMP SALAD GF   DF<br>mixed greens, pineapple, strawberries, mango, pistachios,<br>cranberries & raisins; tossed with our garlic hemp poppy seed<br>dressing & topped with blackened shrimp  | 15.49       |
| CHICKEN CURRY SALAD GF<br>mixed greens, shaved carrots, mango, sliced oranges, jicama,<br>raisins & toasted almonds; tossed with our orange honey yogurt<br>dressing & topped with grilled all-natural chicken with curry spice  | 12.99       |
| OH KALE YEAH GF   DF   VEG<br>kale tossed in our avocado lemon dressing, tomatoes, red onions,<br>mango, carrots & strawberries; topped with roasted pumpkin seeds   | 11.99       |
| KALE CAESAR SALAD VEG<br>crisp romaine lettuce & kale mixed with crispy capers, caramelized<br>red onions, sun-dried tomatoes, manchego & parmesan cheese &<br>croutons; tossed with our creamy chipotle caesar dressing   | 9.49        |
| SPINACH SALAD<br>fresh spinach, hard boiled eggs, bacon, diced tomatoes, red onions,<br>sliced cremini mushrooms, croutons & queso fresco; tossed with our<br>warm bacon vinaigrette   | 9.99        |
| At bellagreen, we believe every meal is a chance to<br>make life and Earth more beautiful. That's why we us<br>alternative energy, water conservation methods, recy<br>practices and sustainable sourcing when possible.<br>Together, when we protect Mother Earth, we created                   | cling       |

Together, when we protect Mother Earth, we create a

better world for future generations.

## SIGNATURE DISH-

#### BRICK CHICKEN GF

17.99 half boneless chicken marinated overnight with herbs, garlic & olive oil, sautéed in a hot skillet for extra crisp texture, garnished with lemons & rosemary; served with chipotle mashed sweet potatoes & roasted vegetables

| 2.5 |   |       |
|-----|---|-------|
|     | BURGERS can be made dairy-free upon re  | quest |
| •   | all burgers served on a brioche bun with choice of sweet potato fri<br>french fries or our organic quinoa salad.<br>substitute sides +1.99 or side salad +2.49<br>add smoked applewood bacon + 1.99   gluten-free bun +1.99   | es,   |
|     |   |       |
|     | THE (A) BURGER<br>all-natural 44 Farms® angus beef* with mixed greens, tomato,<br>house-made pickles, red onion & choice of swiss, cheddar or<br>fresh mozzarella cheese  | 11.49 |
|     | THE (B) BURGER<br>all-natural buffalo* with mixed greens, tomato, house-made pickles,<br>red onion & choice of swiss, cheddar or fresh mozzarella cheese  | 13.49 |
|     | THE (T) BURGER<br>all-natural ground turkey, honey dijon mustard, mixed greens,<br>tomato, house-made pickles, red onion & choice of swiss, cheddar or<br>fresh mozzarella cheese   | 11.49 |
|     | THE (V) BURGER VEG<br>house-made veggie patty with sautéed vegetables, potatoes, hemp<br>seed, almonds, corn, gluten-free bread crumbs & organic chickpea<br>hummus; topped with mixed greens, tomato, house-made pickles, red<br>onion & choice of swiss, cheddar or fresh mozzarella cheese | 9.99  |
|     | TACOS substitute paleo tortilla   | +2.99 |
|     | (3) SPICY FISH TACOS GF<br>your choice of grilled or fried fish, green & red cabbage, pico de gallo,<br>cilantro, roasted pepper herb aioli, queso fresco & spicy peach<br>chipotle sauce on warm corn tortillas  | 11.99 |
|     | (3) KOREAN RIBEYE TACOS GF   DF<br>marinated prime ribeye topped with shredded carrots & mixed<br>cabbage, atop warm corn tortillas & topped with house-made<br>Korean BBQ sauce & cilantro   | 18.49 |
|     | (3) SHRIMP TACOS GF<br>sautéed baby shrimp, shredded romaine lettuce, capers, pico de<br>gallo, cilantro, roasted pepper herb aioli, queso fresco & spicy peach<br>chipotle sauce on warm corn tortillas  | 12.99 |
|     | (3) HAND-PULLED CHICKEN TACOS GF<br>roasted all-natural zaatar-crusted chicken topped with sautéed red<br>onions, yellow & red bell peppers, avocado, queso fresco, cilantro &<br>spicy peach chipotle sauce on warm corn tortillas   | 10.49 |
|     | (3) SUPER VEGGIE TACOS GF   VEG<br>black bean spread, sautéed cremini mushrooms, roasted garlic<br>cilantro sauce, corn salsa, shredded carrots, avocado slices & queso<br>fresco on warm corn tortillas  | 10.49 |
|     | PASTAS  |       |
|     | all pastas are gluten-free & garnished with microgreens.  |       |
|     | PALEO SPAGHETTI SQUASH BOLOGNESE<br>GF DF can be made VEG upon request  | 16.99 |
|     | gluten-free spaghetti squash "noodles" served in an oregano, thyme<br>& chipotle pepper-infused marinara sauce of roasted vegetables with<br>well-browned all-natural 44 Farms® ground beef*; finished with<br>fresh basil & parmesan (optional)  |       |
|     | SPICY SHRIMP PASTA GF<br>gluten-free spaghetti pasta with spicy shrimp, basil chiffonade,<br>garlic, fresh roma tomatoes, shallots, red & yellow bell peppers,<br>jalapeños, ricotta & parmesan cheese with organic tomato cream<br>sauce   | 14.99 |
|     | GLUTEN-FREE MAC GF   VEG<br>gluten-free penne pasta with cream sauce, mozzarella, parmesan &<br>cheddar cheese; topped with fresh basil   | 9.99  |
|     | GRILLED SALMON PASTA GF<br>gluten-free spaghetti pasta, grilled salmon* tossed with fresh roma  | 16.49 |

tomatoes, red & yellow bell peppers, shallots, diced jalapeños, kalamata olives, capers & garlic in pesto cream sauce; topped with queso fresco

13.99

#### WHITE CHICKEN PARM GF

pan-seared chicken, lightly crusted with lemon pepper parmesan; served with gluten-free spaghetti pasta tossed with olive oil, homemade bechamel & white wine sauce with garlic, shallots, fresh roma tomatoes, romano & parmesan cheese; garnished with broccoli, parsley & grilled lemon

## PIZZAS

| our house-made pizza dough is crafted from organic & imported<br>Italian flour. gluten-free dough is available +2.49   |       |
|--|-------|
| THE QUEEN VEG<br>traditional margherita with marinara sauce, tomatoes, mozzarella<br>& parmesan cheese; finished with oregano, thyme, garlic olive oil &<br>fresh basil  | 12.49 |
| THE HOME SLICE<br>large pepperoni atop marinara sauce, mozzarella & parmesan<br>cheese; finished with garlic olive oil & fresh basil   | 12.99 |
| <b>THE GREEN</b> VEG<br>house-made garlic cream, organic spinach dip & red pepper pesto;<br>topped with fresh roma tomatoes, mozzarella, parmesan cheese &<br>crushed red pepper; finished with garlic olive oil & fresh basil | 12.99 |
| <b>THE FIG &amp; PIG</b><br>fig jam, mozzarella, parmesan, goat cheese & prosciutto; finished<br>with balsamic vinegar, garlic olive oil & fresh basil   | 13.99 |

## SANDWICHES & WRAPS

| all served with sweet potato fries, french fries or our organic<br>quinoa salad. substitute sides +1.99 or side salad +2.49  |            |
|--|------------|
| GRILLED CHICKEN SANDWICH<br>all-natural chicken breast, smoked applewood bacon, mixed greens,<br>tomato, house-made pickles, red onion, avocado, swiss cheese,<br>mango ranch dressing; served on toasted ciabatta                     | 11.49      |
| CHICKEN SALAD SANDWICH<br>roasted all-natural chicken, celery, pecans, cranberries, green<br>onions, mayonnaise & parsley; topped with mixed greens, tomato &<br>served on organic sprouted wheat bread                                | 10.49      |
| CHICKEN CAESAR WRAP<br>sliced all-natural grilled chicken, romaine lettuce, caramelized red<br>onions, sun-dried tomatoes, parmesan & manchego cheese, tossed<br>with creamy chipotle caesar dressing & wrapped in a chipotle tortillo | 10.99      |
| VEGGIE WRAP DF   VEG<br>house-made organic chickpea hummus, sautéed cremini mushrooms<br>red & yellow bell peppers, fresh spinach, zucchini & sliced carrots   | 9.99<br>s, |

## SIDES

3.99 each

FRESH FRUIT GF | DF | VEG with hemp poppy seed dressing

FRENCH FRIES GF | DF | VEG SWEET POTATO FRIES GF | DF | VEG voted best in town!

ORGANIC QUINOA SALAD GF | DF | VEG organic quinoa, tomatoes, green onion, chopped pecans, dried cranberries, lemon, olive oil, fresh mint

HOUSE SALAD GF | VEG with our homemade honey mustard HOUSE CAESAR SALAD VEG tossed in our creamy chipotle caesar dressing

ROASTED VEGETABLES GF | DF | VEG

seasoned with salt & pepper

CHIPOTLE MASHED SWEET POTATOES GF | VEG

DESSERTS.

6.99 each

served with dark chocolate trellis & can serve two people

#### HOUSE-MADE WHITE CHOCOLATE BREAD PUDDING VEG

HI-PROTEIN HEMP BROWNIE VEG contains pistachios

DOMINO CAKE VEG

CARROT CAKE GF | VEG contains pecans

#### GF | GLUTEN-FREE DF | DAIRY-FREE VEG | VEGETARIAN

GLUTEN-FREE, FOOD ALLERGIES: While we take precautions to avoid cross contamination, guests with gluten sensitivities or celiac disease should exercise judgment in consuming our gluten-free food items. \*NOTICE: All grill items are cooked to order. Consuming raw or undercooked meats may

\*NOTICE: All grill items are cooked to order. Consuming raw or undercooked meats may increase your risk of foodborne illness, especially if you have certain medical conditions.

### KID'S MENU -

for our guests 12 years old & younger

|   | all items except our kid's cheese pizza are served with choice of<br>sweet potato fries, french fries, quinoa salad or fresh fruit. includes<br>fountain drink, milk or juice |      |
|---|---|------|
| and the second se | KID'S (A) BURGER<br>all-natural 44 Farms® angus beef* & choice of swiss or cheddar<br>cheese, served on a brioche bun<br>{add tomato-lettuce-pickle setup +1.99}              | 5.99 |
|   | KID'S CHICKEN TENDERS GF<br>all-natural chicken seasoned in gluten-free crispy tempura<br>batter  | 5.99 |
|   | KID'S GRILLED CHEESE VEG<br>cheddar & mozzarella cheese on organic sprouted wheat<br>bread  | 5.99 |
|   | KID'S GLUTEN-FREE MAC GF   VEG<br>gluten-free penne pasta with mozzarella, parmesan & sharp<br>cheddar cheese   | 5.99 |
|   | KID'S CHEESE PIZZA VEG<br>tomato sauce, organic flour dough with mozzarella cheese<br>{add pepperoni +1.99}   | 8.99 |
|   | KID'S PASTA GF   VEG<br>gluten-free penne pasta in choice of olive oil, fresh marinara<br>sauce or alfredo sauce<br>[add all-natural ground turkey* +1.99]                    | 5.99 |

## WINE & BEER

| WHITE                            | 60z/90z/bottle |
|----------------------------------|----------------|
| MENAGE A TROIS MOSCATO           | 8/11/26        |
| CROWDED HOUSE SAUVIGNON BLANC    | 8/11/26        |
| MATANZAS CREEK SAUVIGNON BLANC • | 11/16/36       |
| BENVOLIO PINOT GRIGIO            | 6/8/20         |
| MURPHY GOODE CHARDONNAY          | 6/8/20         |
| CAMBRIA CHARDONNAY               | 9/13/30        |
| FABRE EN PROVENC ROSÉ            | 9/13/30        |
| RED                              |                |
| LA CREMA PINOT NOIR              | 11/16/36       |
| MURPHY GOODE PINOT NOIR          | 8/11/26        |
| MURPHY GOODE RED BLEND •         | 8/11/26        |
| MURPHY GOODE CABERNET •          | 8/11/26        |
| SILVER PALM CABERNET             | 11/16/36       |
| TINTONEGRO MALBEC                | 6/8/20         |
| SPARKLING                        |                |
| AVISSI PROSECCO                  | 8              |
|                                  |                |
| BEER                             |                |
| LOCAL ROTATION                   | 4/5            |
| DOMESTIC/IMPORT                  | 4/5            |

#### ADDITIONAL ROTATING WINE AND BEER SELECTIONS ARE AVAILABLE AT THE REGISTER

#### SIP CERTIFIED WINES

the SIP certified seal assures that growers & winemakers are preserving & protecting the natural environment, treating their employees & community with care & promoting sound business practices with a long-term view that protects both the present & the future.

## BEVERAGES

| FOUNTAIN DRINKS                        | 2.99 |
|--|------|
| HOT & COLD TEAS - ORGANIC & FAIR TRADE | 2.79 |
| HOT OR ICED HOUSE BREW COFFEE          | 2.49 |
| BOTTLED SODA & WATER 1.99              | & up |

LIFE MORE BEAUTIFUL

EARTH MORE BEAUTIFUL